

Letter from the Chair

Since our last review in 2005 there have been many innovative initiatives in service delivery. Motiv8 has secured new funding from a range of prestigious bodies, listed as a footnote throughout this review.

Summer 2006 saw our former Chief Executive, Sarah Brennan, leave to develop a consultancy business and the Board was presented with a challenge. However, Sarah remained in post until the Board had appointed Charlie Adie as Chief Executive, allowing for an orderly transition. The Board would like to express thanks to Sarah for her excellent leadership and sound legacy.

In the same timeframe Motiv8 restructured to create the post of Director of Operations. The Board and incoming Chief Executive appointed Greg Baker to this pivotal new position. The Board have been very impressed with the start Charlie and Greg have made and the quality of their vision for the future of Motiv8.

The Board has also seen changes with new faces joining and some familiar ones leaving. Ian Piper (former Chair), Cllr Paula Riches and Suzannah Rosenburg have stepped down, all of whom will be missed and we thank them for their contributions and wish them well in their future endeavours.

The Board has been strengthened through some excellent appointments bringing valuable leadership and commercial experience. We are delighted to have the

support of observers who bring further expertise and opportunities to the Board. Working alongside long standing Board members the outlook appears vibrant. The Board is also in the process of making further appointments to enhance our capacity further still for future challenges Motiv8 faces.

Whilst there has been change in some areas, Motiv8 continues to deliver a high quality service and make a difference for the young people in our community. The hard work, commitment and dynamism of the staff is infectious - without them opportunities for many young people in the area would be much bleaker and crime and anti-social behaviour undoubtedly worse. I commend this review to you.

Mark Button Chair

Trustees

Dr Mark Button (Chair)

Julia Priestley

Simon Walton

Ric Carey

Colin Thorpe

Observers

Inspector Richard Taylor

Councillor Margaret Foster

Chief Executive's Introduction

Change - love it or loath it - is often considered to be an inevitability of modern life.

Motiv8 has seen changes within its leadership over the period April 06 – March 07. In the same timeframe there has been a significant increase in the capacity of the organisation through training and development of staff and attracting new talent to join the team.

Since the beginning of 2007, Motiv8 has started to move towards a structure designed to support sustainable development with consistency at its core:

- Consistent staff
- Consistent delivery venues
- Consistent high quality services

As we look to the future, it is fitting to reflect back over the past 12 months, during which we had the privilege to share a journey with hundreds of young people who have achieved success and built confidence to realise their full potential. Much of Motiv8's delivery occurs week in week out through provision supported by a wide range of partners.

It has been affirming of Motiv8's delivery ethos to see the value of 'Positive Activities' and 'Relationship with a Trusted Adult' clearly recognised as pillars for the development of future youth strategies within the long awaited government paper Youth Matters.

Regionally, Motiv8 has been a major deliverer within the Positive Activities for Young People (PAYP) programme and has consistently recorded above average positive outcomes.

My apology is that it is not possible, in a few pages of this review, to report on all that has been done in the past year, however I do hope it provides a flavour, and for many reading this that we may be able to take up the dialogue in person, as together we seek to serve young people across our communities.

Whilst change may be inevitable, for Motiv8 the priority is to provide consistency – through high quality delivery and support to young people at times and in places where it is relevant to their lives. With a fantastic staff team, proven delivery structures combined with the flexibility to innovate and in partnership with those that share our passion and belief in the potential of all, I am confident that we can support young people in not only regaining a dream but seeing it through to reality.

Charlie Adie **CEO**

76% of participants on Motiv8's ETE programme achieved a positive outcome

Supporters

Connexions South Central • Positive Activities for Young People • Voluntary sector grants • Personal Adviser (YOT)

What's been going on?

The last year has been a very busy and exciting time for all at Motiv8!

As well as regular sports, arts and drop-in sessions running throughout the year, we have delivered some exciting and innovative projects to young people across Portsmouth, Gosport and Fareham. These have included scuba diving courses, the Duke of Edinburgh Award scheme and a drama and video project. In total we delivered over 30,000 hours of work during the year, and worked with approximately 1,000 young people – many of whom received accreditation for their involvement and hard work.

In addition to group activities, we also engaged young people with specific needs through one-to-one support sessions. Working in partnership, Motiv8 continues to deliver the Appropriate Adult service for young people in custody across South East Hampshire.

“Before I started working with Motiv8 I used to get into trouble with the Police because I was bored and didn’t have anything to do. But Motiv8 has kept me active and helped keep me out of trouble.”
 Luke, Paulsgrove



Five-a-Side Football

In September 2006 a group of young people from the Heart of Portsmouth area, many of whom have been working with Motiv8 for a number of years, approached us about helping them form a five-a-side football team.

After some hastily arranged training sessions and team building days, Motiv8 workers enrolled the team, made up of a mixture of 7 young men from Portsea, Somerstown and Landport, in a local Under 16 league. Whilst Motiv8 staff managed the team,



in order to encourage the lads to take responsibility, the young people had to get to the venue themselves (some four miles away) and even wash their own kit.

And whilst winning is not the most important thing, how did they do? In their first two seasons, they've won 30 games, drawn 1, lost 1 and in the process scored an amazing 380 goals.

Live the Life You Love

Between December 2006 and February 2007 Motiv8 joined up with Portsmouth Arts and Community Education (PACE) and Hampshire Constabulary to deliver an exciting and innovative arts project.

The project brought together young people from all over the area, including many from Paulsgrove, Portsea and Gosport, and looked to create a piece that would showcase their many and varied talents, whilst also allowing them to explore their own feelings, beliefs and attitudes through the form of art, dance and song.

Regular workshops, rehearsals and several bouts of stage-fright culminated in a highly successful performance in front of a sell-out audience at Portsmouth's New Theatre Royal. It was a night that will live long in the memories of all that were privileged to witness it.



Supporters

The Carnegie UK Trust • The Tudor Trust • National Youth Agency / Department of Health • The Big Lottery

Work with schools



“The young people I’ve referred have raved about it and really enjoyed it ... Motiv8 fills the gap when we don’t know where to go next and they really do work for the young people”

Referrer to Motiv8 ETE programme

At the beginning of the last academic year Motiv8 started working in partnership with schools, having been commissioned to deliver an Open Learning Programme to young people in Year 11.

Working with an identified group of young people and facilitated by the Motiv8 Outdoors team, the programme looked to develop the young people’s communication and group working skills as well as their self esteem, with the aim of getting young people back into mainstream schooling. Some of the sessions delivered included climbing, high ropes, open canoeing and problem solving tasks.

As a result of the course we were able to present certificates, including twenty British Canoe Union Open Canoe awards, to the young people who took part in the programme at the school’s annual awards ceremony.

Case Studies

Brett

Brett was referred to Motiv8 by the Spinnaker Education Centre where he had been placed after being excluded from mainstream schooling.

Despite persistent encouragement, Brett did not engage well in Motiv8 activities although his attendance was consistently good. However, a real breakthrough was made when he took part in an expedition training programme provided by the Motiv8 Outdoors team, an activity that Brett really took to. He began to engage well, built stronger relationships with staff and his leadership qualities began to shine through.

When he reached school leaving age Brett was asked if he would like to take part in the Challenge and Adventure project delivered by Motiv8 and funded through Portsmouth City Council Community Safety. This programme includes the opportunity for young people to undertake the Duke of Edinburgh award – something that Brett got stuck into. He attended his first session in September 2005 and continued to attend every Tuesday evening for a year. In summer 2006 he completed the expedition section of the award along with six other young people, many



44 volunteers and staff gained youth work qualifications supported by Motiv8

of whom he had developed strong bonds with through taking part in the project.

Brett has recently attended Highbury College, where he has completed a Foundation Certificate in Bricklaying. He has since enrolled on the Intermediate course, and is set for a bright future in the skilled trades. He also volunteers on a diving vessel carrying out underwater surveys with Hampshire Wildlife Trust. His supervisor says he is a pleasure to work with!

Supporters

St Lukes Church of England Comprehensive School, Portsmouth • Portsmouth and SE Hampshire Partnership - Global Grants

“the (Motiv8) team has a strong sense of identity, are clear about their target group of young people and what they are trying to achieve”

Julia Wickson, Independent Evaluation into PAYS Project, December 2006

Jordan

Jordan from North End, Portsmouth started to regularly truant from school during the autumn term. He had fallen behind with his work, and said that he felt lonely and isolated, which he blamed partly on his mum’s new relationship. Jordan did not have many friends and those he did have were providing a negative peer influence.

For nearly six months his family and the school tried relentlessly to get him to go back to education, yet Jordan was adamant that he would never return. He spent the majority of that time alone in his room, refusing to speak to his family and anyone who came to see him.

However, at a review meeting held at his school it was decided that he should be referred to Motiv8. Despite initial misgivings, Jordan soon engaged in one-to-one sessions with a Motiv8 worker and slowly began to talk about his issues. Within a few months he also began to regularly attend activity sessions and started to build positive peer relationships.

After a couple of months of engagement Jordan was still cautious about going back to school but, with support from Motiv8, allowed the Educational Psychologist to produce a report, which showed that he would benefit from being put back a year to catch up with some of the work that he had missed. He is now attending school on a part-time timetable, and wants to pursue his ambition of becoming a demolition man.

Sally

Sally from Rowner, Gosport was referred to Motiv8 after her mum raised concerns around her anger at home and threats to harm herself. She was becoming increasingly violent in the house and had started to become involved in fights at school.

Having witnessed domestic violence from an early age, Sally had distanced herself from her father but now, at the age of 15, was keen to rebuild the relationship.

Sally engaged with Motiv8 on a one-to-one basis, and has been supported through the difficult process of rebuilding the relationship with her dad, and also worked on addressing her behavioural issues. In addition she has attended weekly snooker sessions, been involved in helping set up a music group for young people in the area and taken part in young people led consultation work with Motiv8.

Sally has succeeded to repair relationships at home, manage her anger and secured a part time job.

What next?

During the last quarter of 2006/7 Motiv8 went out for consultation on future plans to enhance delivery. Having received feedback from a wide range of individuals and agencies, the Board has approved an updated Delivery Plan for the organisation. This has a series of core elements:

- Work delivered within a common Delivery Process Model
- Delivery through locality based teams and supported by central specialist workers
- A streamlined referral and engagement process.

We intend that these changes will provide our partners with an enhanced service that is easier to access and understand.

However, most importantly, we hope that our new structure will make a real difference to the young people with whom we work, providing increased opportunities to engage, develop and gain skills for life.

Motiv8 continues to be an organisation proud to innovate, and during the next 12 months we will be launching a project working with young people inside young offender institutes and supporting them as they transition back home. Further developments are ongoing with the University of Portsmouth and Local Authority to explore effective models of delivery. We are preparing an action research programme into the use of social pedagogy to promote wellbeing and hope to report the findings in a future review.



Motiv8 Overview Document

Motiv8 would like to thank all of our supporters and volunteers for their continued commitment to young people and