



**"I want to make a difference, to give something back instead of take, take, take."
Appropriate Adult volunteer**

Each year we attract over fifty volunteers of all ages and backgrounds to take part in a range of volunteering activities across Portsmouth and south east Hampshire.

We provide our volunteers with training and the opportunity to gain accreditation. Motiv8 volunteers enhance their knowledge, develop their skills, make new friends and join an organisation that is passionate about helping some of the hardest to reach young people fulfil their potential.

Below is some information on the volunteering opportunities.

If you are interested in volunteering with us and would like to find out about the current opportunities that we have available please contact the Motiv8 Volunteer Team on **023 9283 2727** or email info@motiv8south.org.uk

registered charity number 1069085

company limited by guarantee in England & Wales number 3512607

Motiv8 is registered with the Adventure Activities Licensing Service as licensed to provide activities in climbing, trekking and watersports

volunteering

VOLUNTEERING OPPORTUNITIES WITH MOTIV8

- **Mentoring**

Volunteer mentors provide one-to-one support to young people aged 13 to 19 who may be at risk of offending, anti-social behaviour or disengagement from learning. Once trained the volunteer mentor is carefully matched with the young person and agrees to meet with them on a regular basis, usually for one or two hours a week. The volunteer mentor provides a supporting relationship as the young person works towards achieving their goals. The activities that facilitate the mentoring contact are usually of a social nature and will vary depending on the needs of the young person.

- **Appropriate Adult Volunteers**

Volunteer Appropriate Adults support young people who have been arrested and detained for questioning by the police and whose parents or carers are unable or unwilling to attend. The role of the appropriate adult is to safeguard the rights of the detained young person in accordance with the Police and Criminal Evidence Act (PACE). The role requires the volunteer to be present at police interviews and ensure that they are carried out fairly and properly, facilitate communication and be present for certain procedures including searches and sample taking.

A flexible rota system is in operation and volunteers choose in advance where and when they wish to make themselves available.

Becoming a Motiv8 volunteer enables you to use your existing skills and learn new ones. You will receive full training, recognised accreditation, guidance and support. Most importantly you will have the satisfaction of knowing that your efforts will make a difference to young people and the wider community.

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